



FEBRUARY 2012 Activity Calendar

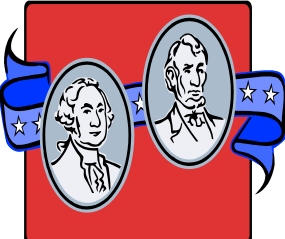
David Sojourner Senior Center


5361 East Jim Belton Boulevard, St. George, SC 29477

HOURS: 8:30 a.m. to 4:30 p.m., Monday through Friday, call 563-3709 with questions

www.dorchesterseniors.com

Dorchester Seniors, Inc.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Computer and Exercise Rooms Available Mon-Fri 8:00am-4:30pm</p>	<p>To Reserve a meal call one day in advance before 1pm Cost: \$4.80</p>	<p>1 9:30 Quilting 11:00 Cards & Board Games 1:00 Crochet Class</p>	<p>2 10:00 Bible Study 10:30 Movie- Woman Thou are Loosed 3:30 St. George Prayer Network</p>	<p>3 10:00 Modified Baseball 11:00 Spiritual Entertainment w/Larry Sprague</p>
<p>6 10:00 Chair Salsa 11:00 Sing-Along w/Samella Odom</p>	<p>7 10:00 Blood Pressure Screening 10:30 Blood Glucose Screening 11:00 Tally Hoop</p>	<p>8 9:30 Quilting 10:00 Bowling Trip- Dorchester Lanes 1:00 Crochet Class</p>	<p>9 10:00 Bible Study 11:00 Nutro Bingo 3:30 St. George Prayer Network</p>	<p>10 9:30 Mini Manicures w/Dorchester County Career & Tech Center 10:00 Cards & Board Games</p>
<p>13 9:00-10:00 Breakfast 10:00 Jewelry Class w/Michelle Wheaton 10:30 Modified Baseball</p>	<p>14 10:00 Match Game 10:30 Crafts w/United Hospice 11:45 Valentine Celebration HAPPY VALENTINE'S DAY</p>	<p>15 9:30 Quilting 11:00 Crafts w/Terry Sue, Amedisys 1:00 Crochet Class</p>	<p>16 10:00 Bible Study 10:30 Cards & Board Games 3:30 St. George Prayer Network</p>	<p>17 10:00 Williams Memorial Elementary Chorus 11:00 Tally Hoop 1:00 Bingo w/Ms. Clermont</p>
<p>20 CLOSED FOR PRESIDENT'S DAY HOLIDAY</p> 	<p>21 10:00 President's Day Trivia 11:00 Spiritual Entertainment w/ Danny & Friends</p>	<p>22 9:30 Quilting 10:00 Lyn Small, Solaris-Nutrition Program 11:00 Bingo w/Laurie Branch 1:00 Crochet Class</p>	<p>23 10:00-12:00 Bible Study 11:00 Nutro Bingo 3:30 St. George Prayer Network</p>	<p>24 10:00 Musical Chairs 11:00 Sing along w/John Smith 12:00 Birthday Party</p>

27 10:15 Trip to St. George Healthcare	28 10:00 CARD MAKING 11:00 Fantasy Trip-Idaho 1:00 BINGO w/MS. CLERMONT	29 9:30 Quilting 10;30 Leap Year Trivia 11:00 TAAA-Johnise Currin 1:00 Crochet Class		
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ARTS AND CRAFTS



Crochet Class- Enjoy fellowship while learning crochet. Classes are Wednesdays 1:00 - 3:00 pm.

CARD MAKING CLASS- Everyone enjoys opening a card, particularly on your birthday. Tuesday February 28th @ 11:00 let's make Birthday cards for our homebound friends born in March.

Crafts w/ Terry Sue Hudson of Amedisys: will join us on Wednesday, February 15th @ 11:00am.

Crafts w/ United Hospice – will join us on Tuesday, February 14th @ 10:30 to learn a new craft.

Jewelry Class w/Michele Wheaton- Learn how to make your own jewelry Monday, February 13th @ 10:00am, supplies cost \$5.00 please pay by February 9th.

Quilting Class – Learn how to Quilt with Ms. Thelma Johnson every Wednesday from 9:30-11:30am.

GAMES AND ACTIVITIES

BINGO: Join us as we play for prizes, February 17th @ 1:00pm and February 28th @ 11:00am.

NUTRO BINGO: If you enjoy regular bingo you'll love Nutro Bingo where prizes are food items, February 9th @ 11:00am and February 23rd @ 1:00pm.

Bingo w/ Laurie Branch from St. George Healthcare will be here on Wednesday, February 22nd @ 11:00am.

MATCH GAME- Tuesday February 14th @ 10:00am. Teams try to be the first team to find the most matching pairs by calling out two numbered cards each turn. The team with the most pairs win.

Cards & Board Games – February 1st, 10th and 16th, come play your favor card games and board games like checkers and scrabble.

TRIPS



Wednesday, February 8th we are going to Dorchester Lanes in Summerville to bowl. The transportation fee is \$3.00 (non-refundable) and we will leave the center at 10:30am. Bowling is \$1.00 a game and shoe rental is free (to be paid at the bowling alley). We will have lunch at the bowling alley (member is responsible).

On Monday February 27th we will travel to St. George Healthcare to join their Client's for a time of singing and fellowship. We will leave the Center @ 10:15. Due to limited seating on the bus you are welcome to drive and meet us there. Please sign-up on the sheet located in the Lobby.



Movie- Woman Thou art Loosed- Staring Rev. T.D. Jakes; Kimberly Elise; Loretta Devine; Debbie Morgan and Clifton Powell. An adaptation of Bishop T.D. Jakes' self-help novel, chronicling a woman's struggle to come to terms with her legacy of abuse, addiction and poverty. Thursday, February 2nd @ 10:30am popcorn and drink will be served.

MUSICAL ENTERTAINMENT- Mr. Larry Sprague from Harleyville, will join us on Friday February 3rd @ 11:00am for some Spiritual Entertainment.

Mr. Danny Dewitt from Walterboro will join us along with his friends to share a time of Spiritual Musical Entertainment on Tuesday, February 21st @ 11:00am.

Williams Memorial Elementary Chorus- will be performing and entertaining us on Friday, February 17th @ 10:00am.

SING-ALONG-

Monday, February 6th @ 11:00am with Samella Odom
Friday, February 24th @ 11:00am with John Smith



BIRTHDAY CELEBRATION: If you are a member of the Center and have a birthday in February make sure Bernadette – Activity Assistant has your name and birth date and come join us Friday, February 24th @ 12:00 pm for a celebration in your honor.

SEMINARS/SPECIAL OPPORTUNITIES



FANTASY TRIP- Each month we visit a destination and learn its history, some interesting and fun facts, and sample some foods typical of the destination.....all from the comfort of our chairs! This month's destination will be Idaho, Tuesday, February 28th @11:00am.

St. George Prayer Network- Meets each Thursday of the month from 3:30-4:30pm.

BIBLE STUDY- Mr. Dash meets each Thursday from 10:00-12:00pm. Remember to bring your Bible.

Trident Area Agency on Aging-Wednesday, February 29th @ 11:00am Johnsie Currin will join us to conduct a seminar on Spring forward w/ Good Healthy Habits.

HEALTH AND PHYSICAL EDUCATION

Glucose and Blood Pressure Screening - Mary Price, a local RN from our community, will be here Tuesday, February 7th @ 10:00am.



Chair Salsa – Monday, February 6th @ 10:00am it's a fun Latin workout from the comfort of your seats.

Modified Baseball – Monday, February 13th @ 10:00am roll the dice to see your outs and plays.

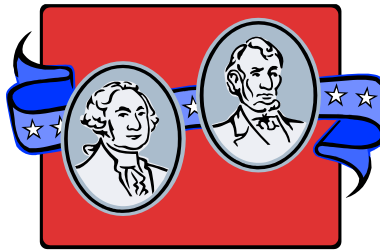
Tally Hoop – Friday, February 17th @ 11:00am. Toss a foam disc into a net to see which team can score the most points.

Musical Chairs – Friday, February 24th @ 10:00am Pass an object around the circle and try not to be the one holding it when the music stops.

Breakfast- will be served from 9:00-10:00am Monday February 13th. If you would like to join us, you must be a member of our Group Dining Program and sign in the Friday before the Monday breakfast.

Center News

Monday February 20th we will be closed in observance of President's Day



Volunteers Needed

We welcome volunteers. There are many areas where volunteers would be able to assist with programs and services such as packaging or delivering meals to the homebound members, assisting with activities at the center, teaching classes and conduct one time workshops sharing your talents and expertise.

Meal Delivery (9:00am until Noon)

Front Desk Help

Office/Clerical

Portion Meals (8:00am to 9:30am)

Teach or instruct a class (such as computer, bridge, and information sessions)

Activity Day (set up/scorer)

Baking Volunteer (bake cakes for homebound members)

Birthday Day (set up/serve cake and ice-cream)

Community Events/Fundraisers

Making reminder/information telephone calls